

NOVEMBER 2022

Mission Statement - Serving healthy and fresh lunches with the love of Jesus while supporting the mission and vision of VCSI.

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Nachos GF SW Chicken Salad GF Valor Box GF	2 Breakfast burritos GF option SW Chicken Salad GF Valor Box GF	3 Teriyaki chicken w/ rice DF GF/DF option SW Chicken Salad GF Valor Box GF	4 Hoagie Sandwiches (turkey/ham or pepperoni/salami) GF option SW Chicken Salad GF Valor Box GF
7 Pasta w/ meat sauce DF GF/DF option Chef Salad GF Valor Box GF	8 Soft tacos GF option Chef Salad GF Valor Box GF	9 Breakfast cake, scrambled eggs & sausage GF/DF option Chef Salad GF Valor Box GF	10 Chicken Noodle Soup GF option Chef Salad GF Valor Box GF	11 NO SCHOOL
14 Pizza Quesadilla (cheese or pepperoni) GF option BBQ Chicken Salad GF Valor Box GF	15 Nachos GF BBQ Chicken Salad GF Valor Box GF	16 Ham, egg & cheese breakfast sandwich GF option BBQ Chicken Salad GF Valor Box GF	17 Teriyaki chicken w/ rice DF GF/DF option BBQ Chicken Salad GF Valor Box GF	18 Corn dogs GF/DF option BBQ Chicken Salad GF Valor Box GF
21 NO SCHOOL	22 NO SCHOOL	23 NO SCHOOL	24 NO SCHOOL	25 NO SCHOOL
28 Pasta w/ meat sauce DF GF/DF option Chicken Caesar Salad Valor Box GF	29 Soft tacos GF option Chicken Caesar Salad Valor Box GF	30 Blueberry muffin, scrambled eggs w/ ham & hashbrowns GF/DF option Chicken Caesar Salad Valor Box GF		