

August 2022

Mission Statement - Serving healthy and fresh lunches with the love of Jesus while supporting the mission and vision of VCSI.

Monday	Tuesday	Wednesday	Thursday	Friday
29 Hot Dogs DF GF Option OR Spring Chicken Salad GF	30 Soft Tacos GF Option OR Spring Chicken Salad GF	31 Breakfast Cake w/ scrambled eggs and sausage GF/DF Option OR Spring Chicken Salad GF		

- We strive to make as much of our food from scratch as possible.
- Gluten-free and dairy-free options are regularly offered. Please be advised that we are not a gluten-free or dairy-free kitchen and gluten and/or dairy cross-contamination may occur, although we try our best to avoid this from happening. We use GF bread, noodles, and/or sauces in the GF option meals. If dairy-free is offered, we omit the dairy-containing item as the lunch is prepared.
- Regular and large-size lunch options available
- Fruit offered daily, veggie offered daily except with breakfast-type meals.
- Milk available for purchase separately.
- Forgot your lunch? Or didn't have time to make lunch? We have a small sack lunch bag (i.e. string cheese, protein bar, fruit and veggie) available for a fee that will be billed via the parent's FACTS account.