

April 2022

Mission Statement - Serving healthy and fresh lunches with the love of Jesus while supporting the mission and vision of VCSI.

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Hot dogs & chips DF GF & DF option OR Valor Box GF NEW! Brownie (GF/DF option)
4 Pasta w/ alfredo sauce GF option OR Chef Salad GF	5 Blueberry Muffins, hash browns & ham scramble GF & DF option OR Chef Salad GF	6 Chicken quesadillas GF option OR Chef Salad GF	7 Hoagie Sandwiches & chips (choose pepperoni/salami or turkey/ham) GF option OR Chef Salad GF	8 Teriyaki Chicken with rice DF GF & DF option OR Chef Salad GF
11 Pizza Quesadilla (choose pepperoni or cheese) GF Option OR Chicken Caesar Salad	12 Grilled Ham & Cheese GF option OR Chicken Caesar Salad	13 Breakfast burritos GF option OR Chicken Caesar Salad	14 Italian Pasta Bake GF option OR Chicken Caesar Salad	15 Bean & Cheese Burritos GF option OR Chicken Caesar Salad NEW! Brownie (GF/DF option)
18 Grilled Cheese & Tomato Soup GF option OR Taco Salad GF	19 NEW and IMPROVED!! Hawaiian Chicken w/ rice GF & DF OPTION OR Taco Salad GF	20 Biscuits w/ jam, scrambled eggs & sausage GF DF option OR Taco Salad GF	21 BBQ chicken cheese bread GF option OR Taco Salad GF	22 Chili Dogs GF option OR Taco Salad GF
25 Mac & Cheese GF option OR Spring Chicken Salad GF	26 Soft tacos GF option OR Spring Chicken Salad GF	27 Pancakes, scrambled eggs & sausage GF & DF option OR Spring Chicken Salad GF	28 Chicken Yakisoba DF GF & DF option OR Spring Chicken Salad GF	29 NO SCHOOL

- We strive to make as much of our food from scratch as possible.
- Gluten-free and dairy-free options are regularly offered. Please be advised that we are not a gluten-free or dairy-free kitchen and gluten and/or dairy cross-contamination may occur, although we try our best to avoid this from happening. We use GF bread, noodles, and/or sauces in the GF option meals. If dairy-free is offered, we omit the dairy-containing item as the lunch is prepared.
- Regular and large-size lunch options available
- Fruit offered daily, veggie offered daily except with breakfast-type meals.
- Milk available for purchase with your online order.
- Forgot your lunch? Or didn't have time to make lunch? We have a sack lunch bag (i.e. string cheese, protein bar, fruit and veggie) available for a fee that will be added to the parent's FACTS account.