

## December 2021

*Mission Statement - Serving healthy and fresh lunches with the love of Jesus while supporting the mission and vision of VCSI.*

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>1</b> Chicken Quesadillas <b>GF option</b> OR Chicken Caesar Salad	<b>2</b> Grilled Cheese & Tomato Soup <b>GF option</b> OR Chicken Caesar Salad	<b>3</b> Teriyaki Chicken w/ rice <b>DF</b> <b>GF option</b> OR Chicken Caesar Salad
<b>6</b> Hoagie sandwiches (turkey/ham or pepperoni/salami) <b>GF option</b> OR BBQ Chicken Salad <b>GF</b>	<b>7</b> Chicken Taquitos <b>GF option</b> OR BBQ Chicken Salad <b>GF</b>	<b>8</b> Pancakes, scrambled eggs & sausage <b>GF &amp; DF option</b> OR BBQ Chicken Salad <b>GF</b>	<b>9</b> Italian Pasta Bake <b>GF option</b> OR BBQ Chicken Salad <b>GF</b>	<b>10</b> Bean & Cheese Burritos <b>GF option</b> OR BBQ Chicken Salad <b>GF</b>
<b>13</b> Chicken Noodle Soup <b>DF</b> <b>GF option</b> OR Curry Chicken Salad <b>GF &amp; DF</b>	<b>14</b> Breakfast Burritos <b>GF option</b> OR Curry Chicken Salad <b>GF &amp; DF</b>	<b>15</b> Turkey, Bacon Cheddar Wrap <b>GF option</b> OR Curry Chicken Salad <b>GF &amp; DF</b>	<b>16</b> BBQ Pork Sandwiches <b>DF</b> <b>GF option</b> OR Curry Chicken Salad <b>GF &amp; DF</b>	<b>17</b> Principal Neill's Pizza Day! <b>GF &amp; DF option</b> OR Curry Chicken Salad <b>GF &amp; DF</b>
<b>20</b>  <b>NO</b> <b>SCHOOL</b>	<b>21</b>  <b>NO</b> <b>SCHOOL</b>	<b>22</b>  <b>NO</b> <b>SCHOOL</b>	<b>23</b>  <b>NO</b> <b>SCHOOL</b>	<b>24</b>  <b>NO</b> <b>SCHOOL</b>
<b>27</b>  <b>NO</b> <b>SCHOOL</b>	<b>28</b>  <b>NO</b> <b>SCHOOL</b>	<b>29</b>  <b>NO</b> <b>SCHOOL</b>	<b>30</b>  <b>NO</b> <b>SCHOOL</b>	<b>31</b>  <b>NO</b> <b>SCHOOL</b>

- We strive to make as much of our food from scratch as possible.
- Gluten-free and dairy-free options are regularly offered. Please be advised that we are not a gluten-free or dairy-free kitchen and gluten and/or dairy cross-contamination may occur, although we try our best to avoid this from happening. We use GF bread, noodles, and/or sauces in the GF option meals. If dairy-free is offered, we omit the dairy-containing item as the lunch is prepared.
- Regular and large-size lunch options available
- Fruit offered daily, veggie offered daily except with breakfast-type meals.
- Milk available for purchase with your online order.
- Forgot your lunch? Or didn't have time to make lunch? We have a sack lunch bag (i.e. string cheese, protein bar, fruit and veggie) available for a fee that will be added to the parent's FACTS account.