

November 2021

Mission Statement - Serving healthy and fresh lunches with the love of Jesus while supporting the mission and vision of VCSI.

Monday	Tuesday	Wednesday	Thursday	Friday
1 Corn Dogs & chips GF & DF option OR SW Chicken Salad GF	2 French Toast & sausage GF & DF option OR SW Chicken Salad GF	3 Chicken Yakisoba DF GF option OR SW Chicken Salad GF	4 Soft Tacos GF option OR SW Chicken Salad GF	5 BBQ chicken cheese bread GF option OR SW Chicken Salad GF
8 Mac and Cheese GF option OR Taco Salad GF	9 Pumpkin pancakes, eggs & sausage GF & DF option OR Taco Salad GF	10 Principal Neill's Pizza Day! GF & DF option OR Taco Salad GF	NO SCHOOL	NO SCHOOL
15 Breaded Chicken Sandwiches DF GF option OR Cobb Salad GF	16 Chicken Fried Rice DF GF option OR Cobb Salad GF	17 Nachos GF OR Cobb Salad GF	18 Breakfast Cake, eggs and sausage GF & DF Option OR Cobb Salad GF	19 Pasta w/ meat sauce DF GF option OR Cobb Salad GF
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL
29 Pasta with Alfredo sauce GF option OR Chicken Caesar Salad	30 Blueberry muffins, hash browns & ham scramble GF & DF option OR Chicken Caesar Salad			

- We strive to make as much of our food from scratch as possible.
- Gluten-free and dairy-free options are regularly offered. Please be advised that we are not a gluten-free or dairy-free kitchen and gluten and/or dairy cross-contamination may occur, although we try our best to avoid this from happening. We use GF bread, noodles, and/or sauces in the GF option meals. If dairy-free is offered, we omit the dairy-containing item as the lunch is prepared.
- Regular and large-size lunch options available
- Fruit offered daily, veggie offered daily except with breakfast-type meals.
- Milk available for purchase with your online order.
- Forgot your lunch? Or didn't have time to make lunch? We have a sack lunch bag (i.e. string cheese, protein bar, fruit and veggie) available for a fee that will be added to the parent's FACTS account.