

May 2021

Mission Statement - Serving healthy and fresh lunches with the love of Jesus while supporting the mission and vision of VCSI.

Monday	Tuesday	Wednesday	Thursday	Friday
3 Breakfast Burrito GF option Or Chicken Caesar Salad	4 Turkey & Cheese Roll-up *New Item GF option Or Chicken Caesar Salad	5 Nachos GF option Or Chicken Caesar Salad	6 Ham, Egg & Cheese Breakfast Sandwich GF option Or Chicken Caesar Salad	7 Breaded Chicken Sandwich DF, GF option Or Chicken Caesar Salad
10 Pasta with Meat Sauce DF, GF option Or Chef Salad GF	11 Biscuits, Eggs & Sausage GF & DF option Or Chef Salad GF	12 Bean & Cheese Burrito GF option Or Chef Salad GF	13 Chicken Yakisoba DF, GF option Or Chef Salad GF	14 French Bread Pizza (Choose pepperoni or cheese) GF option Or Chef Salad GF
17 No School	18 Tacos GF option Or SW Chicken Salad GF	19 Pancakes, Eggs & Sausage GF & DF option Or SW Chicken Salad GF	20 Pasta with Alfredo Sauce GF option Or SW Chicken Salad GF	21 BBQ Pork Sandwich DF, GF option Or SW Chicken Salad GF
24 Missions Week (8th-12th) 8th-12th pack lunch from home. Breakfast Cake, Eggs & Sausage DF & GF option Or Cheeseburger Salad GF	25 Missions Week (8th-12th) 8th-12th pack lunch from home. Chicken Fried Rice DF, GF option Or Cheeseburger Salad GF	26 Missions Week (8th-12th) Outdoor School (6th & 7th) 6th-12th pack lunch from home. Mac & Cheese GF option Or Cheeseburger Salad GF	27 Missions Week (8th-12th) Outdoor School (6th & 7th) 6th-12th pack lunch from home. Chicken Quesadilla GF option Or Cheeseburger Salad GF	28 Missions Week (8th-12th) Outdoor School (6th & 7th) 6th-12th pack lunch from home. Grilled Ham & Cheese Sandwich GF option Or Cheeseburger Salad GF
31 No School				

- We strive to make as much of our food from scratch as possible.
- Gluten-free and dairy-free options regularly offered. Please be advised that we are not a gluten-free or dairy-free kitchen and gluten and/or dairy cross-contamination may occur, although we try our best to avoid this from happening. We use GF bread, noodles, and/or sauces in the GF option meals. If dairy-free is offered, we omit the dairy-containing item as the lunch is prepared.
- Regular and large-size lunch options available
- Fruit offered daily, veggie offered daily except with breakfast-type meals.
- Milk available for purchase with your online order.
- Forgot your lunch? Or didn't have time to make a lunch? We have a sack lunch bag (i.e. string cheese, protein bar, fruit and veggie) available for a fee that will be added to the parent's FACTS account.