

March 2020

Mission Statement- Serving healthy and fresh lunches with the love of Jesus while supporting the mission and vision of VCSI.

Monday	Tuesday	Wednesday	Thursday	Friday
2 No School	3 Dr. Seuss Day! Green Eggs, Ham and Confetti Pancakes GF & DF Option Or Thai Chicken Salad DF & GF	4 Soft Tacos GF/DF Option Or Thai Chicken Salad DF & GF	5 Macaroni & Cheese GF Option Or Thai Chicken Salad DF & GF	6 Teriyaki Chicken DF, GF Option Or Thai Chicken Salad DF & GF
9 Nachos DF/GF option Or Chef Salad GF, DF Option	10 Chicken Yakisoba DF, GF Option Or Chef Salad GF, DF Option	11 French Toast & Sausage GF & DF Option Or Chef Salad GF, DF Option	12 Italian Pasta Bake GF Option Or Chef Salad GF, DF Option	13 Kenya & Philippines Missions Trips Leave BBQ Pork Sandwiches DF, GF Option Or Chef Salad GF, DF Option
16 High School @ Missions Middle School: Sack Lunch Option Only Breaded Chicken Sandwiches DF, GF Option Or Southwest Chicken Salad GF, DF Option	17 High School @ Missions Middle School: Sack Lunch Option Only Hoagies (Choose Ham & Turkey or Pepperoni & Salami) GF Option Or Southwest Chicken Salad GF, DF Option	18 High School @ Missions Middle School: Sack Lunch Option Only Chicken Quesadillas GF Option Or Southwest Chicken Salad GF, DF Option	19 High School @ Missions Middle School: Sack Lunch Option Only Blueberry Muffins & Ham Scramble GF & DF Option Or Southwest Chicken Salad GF, DF Option	20 No School
23 Spring Break - No School	24 Spring Break - No School	25 Spring Break - No School	26 April Lunch Orders Due Spring Break - No School	27 Spring Break - No School
30 Grilled Cheese & Tomato Soup GF Option Or Antipasta Salad GF, DF Option	31 Burrito Bowls GF, DF Option Or Antipasta Salad GF, DF Option			

- We strive to make as much of our food from scratch as possible.
- Gluten-free and dairy-free options regularly offered. Please be advised that we are not a gluten-free kitchen and gluten cross-contamination may occur. We use GF bread, noodles, and/or sauces in the GF option meals. If dairy-free is offered, we can omit the dairy-containing item as the lunch is prepared.
- Regular and large-size lunch options available
- Fruit and veggie or salad offered daily
- Water provided in the cafeteria, milk available for purchase.
- Forgot your lunch? Or didn't have time to make a lunch? We have a sack lunch bag (i.e. string cheese, protein bar, fruit and veggie) available for a fee that will be added to the parent's FACTS account.