

Monday	Tuesday	Wednesday	Thursday	Friday
			1 <b>Chicken Fried Rice &amp; Spring Roll</b> <b>DF</b>  Or  <b>Cobb Salad GF</b>	2 <b>Spaghetti with Red or Meat Sauce</b> <b>GF/DF Option</b>  Or  <b>Cobb Salad GF</b>
5 <b>8th-12th Grade Field Trip</b> <b>Hoagie Sandwiches GF/DF Option</b>  Or  <b>BBQ Chicken Salad GF</b>	6 <b>Chicken Quesadillas GF Option</b>  Or  <b>BBQ Chicken Salad GF</b>	7 <b>Pancakes Eggs &amp; Sausage</b> <b>DF/GF Option</b>  Or  <b>BBQ Chicken Salad GF</b>	8 <b>Yakisoba Noodles DF</b>  Or  <b>BBQ Chicken Salad GF</b>	9 <b>Italian Pasta Bake GF Option</b>  Or  <b>BBQ Chicken Salad GF</b>
12 <b>Breakfast Burritos GF/DF Option</b>  Or  <b>Hummus Plate DF</b>	13 <b>Hot Dogs &amp; Chips DF/DF Option</b>  Or  <b>Hummus Plate DF</b>	14 <b>Breaded Chicken Sandwiches DF</b>  Or  <b>Hummus Plate DF</b>	15  <b>Last Day of School</b> <b>Half-Day</b> <b>No Lunch Served</b>	16  <b>No School</b>

- We strive to make as much of our food from scratch as possible.
- Gluten-free and dairy-free options regularly offered. Please be advised that we are not a gluten-free kitchen and gluten cross-contamination may occur. We use GF bread, noodles, and/or sauces in the GF option meals. If dairy-free is offered, we can omit the dairy-containing item as the lunch is prepared.
- Regular and large-size lunch options available
- Fruit and vegetables offered daily
- Water provided in the cafeteria, milk available for purchase.
- Forgot your lunch? Or didn't have time to make a lunch? We have a sack lunch bag (i.e. string cheese, protein bar, fruit and veggie) available for a fee that will be added to the parent's account.